

APPENDIX 1

SCHEDULE OF REGULATIONS APPLICABLE TO INTER-NATIONS EVENTS

Below is a list of Regulations which supersede the Rules of Hockey and they apply to all inter-nations matches including test matches and under 21 junior inter-nations test matches.

1 CAPTAINS

Rule 3.3: Captains must wear a distinctive arm-band or similar distinguishing article on an upper arm or shoulder or over the upper part of a sock.

Regulation: Captains must wear a distinctive single colour (not black) or in the team's national colour(s) or a rainbow coloured arm-band or similar distinguishing article on an upper arm or shoulder or over the upper part of a sock.

2 MATCH PERIODS

Rule 5.1: A match consists of four quarters of 15 minutes, an interval of 2 minutes between quarter 1 and 2 and between quarter 3 and 4 and a half-time interval of 5 minutes between quarter 2 and 3.

Regulation: a A Match consists of four quarters of 15 minutes.
b At the end of the first and third quarters there shall be an interval of 2 minutes. During these intervals teams shall be permitted to leave the Field of Play.
c At the end of the second quarter there shall be an interval of 10 minutes. During this interval Team officials and players shall be permitted to leave the technical facility area surrounding the Field of Play.
d When a penalty corner is awarded, play shall be stopped for 40 seconds, except in the case of re-awards or penalty strokes awarded by Video Umpire referral.
e In the case of a re-awarded penalty corner, play shall be immediately stopped but the teams will not be awarded an additional 40 seconds. The umpire will re-start play at the earliest possible opportunity, ensuring that any stoppage is kept to a minimum.
f After a penalty corner time is stopped for 40 seconds, except in the case of goals awarded by Video Umpire Referral or a Penalty Stroke awarded by Video Umpire, the umpire will then re-start play as soon as possible, unless time has to be stopped for another reason.

3 GREEN CARD – TWO MINUTES SUSPENSION

Rule 14.1.b: For any offence, the offending player may be warned and temporarily suspended for 2 minutes of playing time (indicated by a green card).

Regulation: For any offence, the offending player may be warned and temporarily suspended for 2 minutes of playing time (indicated by a green card).

a For the duration of each temporary suspension, the offending team plays with one fewer player.

- b If a field player receives a green card, the Umpires stop the match (but not necessarily the time) to issue the card; if time has been stopped, the Umpires restart it immediately after issuing the card.
- c If a goalkeeper receives a green card, the Umpires stop the ~~time~~ ^{play} and re-start it immediately after that player has left the field of play.
- d The offending player leaves the field immediately; if he / she interferes with play on their way to the designated suspension area the Umpire may further penalise the player in accordance with the Rules of Hockey.
- e The 2 minutes temporary suspension starts when the player is seated in the designated area.
- f Timing of the suspension is controlled by a Technical Official on duty.
- g The offending player is permitted to resume play when the Technical Official on duty indicates that the period of suspension has been completed.
- h If the offending player is a goalkeeper, the Technical Official on duty notifies the Umpires when the period of suspension has been completed; the Umpires stop the ~~time~~ at the next stoppage of play to enable that player to resume play.
play

4 **YELLOW CARD – TEMPORARY SUSPENSION**

Rule 14.1.c: For any offence, the offending player may be temporarily suspended for a minimum of 5 minutes of playing time (indicated by a yellow card).

Regulation: For any offence, the offending player may be temporarily suspended for a minimum of 5 minutes of playing time (indicated by a yellow card).

- a The duration of temporary suspension is indicated to the Technical Officials on duty by the Umpire who issues the yellow card.
- b For the duration of each temporary suspension, the offending team plays with one fewer player.
- c If a field player receives a yellow card, the Umpires stop the match (but not necessarily the time) to issue the card; if time has been stopped, the Umpires restart it immediately after issuing the card.
- d If a goalkeeper receives a yellow card, the Umpires stop the ~~time~~ ^{play} and re-start it immediately after that player has left the field of play.
- e The offending player leaves the field immediately; if they interfere with play on their way to the designated suspension area the Umpire may further penalise the player in accordance with the Rules of Hockey.
- f The temporary suspension commences when the player is seated in the designated area.
- g Timing of the suspension is controlled by a Technical Official on duty.
- h The offending player is permitted to resume play when the Technical Officer on duty indicates that the period of suspension has been completed.
- i If the offending player is a goalkeeper, the Technical Officer on duty notifies the Umpires when the period of suspension has been completed; the Umpires stop the ~~time~~ at the next stoppage of play to enable that player to resume play.
play

5 PENALTY CORNER COUNTDOWN CLOCK

Regulation: When an initial penalty corner is awarded, the timing of the match shall be stopped for 40 seconds, as specified in Article 2 above, (inter alia to permit defenders to put on protective gear etc) before allowing the penalty corner to commence. The engaged Umpire shall advise both the defenders and the attackers as the countdown clock approaches zero. After 40 seconds the Umpire will restart play by blowing the whistle and the ball shall be injected immediately or as soon as possible shortly thereafter.

In the event that a team is not ready the engaged Umpire is to identify and issue a personal penalty (i.e. a green card) to the player who is responsible for the delay, with an increased personal penalty (i.e. a yellow card) for repeated offences. If this player is a defender, the defending team defends the particular Penalty Corner with one player fewer. For any offence of this rule by a defending goalkeeper, the defending team defends the penalty corner with one fewer player: ie the corner is defended by one fewer player than before this incident. The defending team nominates which defender will be subject to a personal penalty.