

## APPENDIX 1

### *SCHEDULE OF REGULATIONS APPLICABLE TO INTER-NATIONS EVENTS*

Below is a list of Regulations which supersede the Rules of Indoor Hockey and apply to all inter-nations matches including test matches and under 21 junior inter-nations matches. Article 1 relates to the FIH Indoor Hockey World Cup only.

#### **1 CAPTAINS**

Rule 3.3: Captains must wear a distinctive arm-band or similar distinguishing article on an upper arm or shoulder or over the upper part of a sock.

Regulation: Captains must wear a distinctive single colour (not black) or in the team's national colour(s) arm-band or similar distinguishing article on an upper arm or shoulder or over the upper part of a sock

#### **2 PLAYERS' CLOTHING AND EQUIPMENT - SHIRTS**

Rule 4.3 Goalkeepers and players with goalkeeping privileges must wear a single coloured shirt or garment which is different in colour from that of both teams.

Regulation: Goalkeepers and players with goalkeeping privileges must wear a coloured shirt which is different in colour from that of both teams. A player with goalkeeping privileges may play in a shirt that is not numbered and without the player's name.

#### **3 TIME-OUTS**

Rule 5.2a A time-out may be called when play is stopped immediately before putting the ball back into play after it has been outside the pitch or before a free push, a centre-pass or a bully.

Regulation A time-out may be called when play is stopped immediately before putting the ball back into play after it has been outside the pitch or before a free push, a centre-pass or a bully. The team requesting the time-out shall do so by informing the Technical Officer on duty who will stop play at the next suitable opportunity.

#### **4 GREEN CARD – ONE MINUTE SUSPENSION**

Rule 14.1.b: For any offence, the offending player may be temporarily suspended for one minute of playing time (indicated by a green card).

Regulation: For any offence, the offending player may be temporarily suspended (indicated by a green card).

a The offending player is temporarily suspended for one (1) minute of playing time.

b For the duration of each temporary suspension, the offending team plays with one fewer player.

- c If a field player receives a green card, the Umpires stop the match (but not necessarily the time) to issue the card; if time has been stopped, the Umpires restart it immediately after issuing the card.
- d If a goalkeeper or player with goalkeeping privileges receives a green card, the Umpires stop the time and re-start it immediately after that player has left the field of play.
- e The offending player leaves the field immediately; if he / she interferes with play on their way to the designated suspension area the Umpire may further penalise the player in accordance with the Rules of Indoor Hockey.
- f The one minute temporary suspension starts when the player is seated in the designated area.
- g Timing of the suspension is controlled by a Technical Official on duty.
- h The offending player is permitted to resume play when the Technical Official on duty indicates that the period of suspension has been completed unless this occurs during the period from the award of a penalty corner until after it has been completed, in which case the player cannot return until the penalty corner has either been completed, is re-taken or another penalty corner is awarded.

## **5 YELLOW CARD – TEMPORARY SUSPENSION**

Rule 14.1.c: For any offence, the offending player may be temporarily suspended for a minimum of 2 minutes of playing time (indicated by a yellow card).

Regulation: For any offence, the offending player may be temporarily suspended for a minimum of 2 minutes of playing time (indicated by a yellow card).

- a The duration of temporary suspension is indicated to the Technical Official on duty by the Umpire who issues the yellow card.
- b For the duration of each temporary suspension, the offending team plays with one fewer player.
- c If a field player receives a yellow card, the Umpires stop the match (but not necessarily the time) to issue the card; if time has been stopped, the Umpires restart it immediately after issuing the card.
- d If a goalkeeper or player with goalkeeping privileges receives a yellow card, the Umpires stop the time and re-start it immediately after that player has left the field of play.
- e The offending player leaves the field immediately; if he / she interferes with play on their way to the designated suspension area the Umpire may further penalise the player in accordance with the Rules of Indoor Hockey.
- f The temporary suspension commences when the player is seated in the designated area.
- g Timing of the suspension is controlled by a Technical Official on duty.
- h The offending player is permitted to resume play when the Technical Official on duty indicates that the period of suspension has been completed unless this occurs during the period from the award of a penalty corner until after it has been completed, in

which case the player cannot return until the penalty corner has either been completed, is re-taken or another penalty corner is awarded.

## **6 PENALTY CORNER COUNTDOWN CLOCK**

**Regulation:** When an initial Penalty Corner is awarded, Umpires shall allow not more than 40 seconds to pass before allowing the Penalty Corner to commence in order to permit defenders to put on protective gear etc. The engaged Umpire shall advise both the defence and the attackers as the countdown clock approaches zero. If both teams are ready before the 40 seconds has expired, the Umpire shall allow the Penalty Corner to commence. Upon expiry of the 40 seconds the Umpire may allow the taking of the Penalty Corner, provided that both teams are ready.

**Note:** This regulation will apply only to the initial award of a Penalty Corner and not to any retake, or to any subsequent Penalty Corner awarded before the ball has travelled more than 3 metres outside the circle.

In the event that a team is not ready the umpire is to identify and issue a personal penalty (i.e. a green card) to the player who is responsible for the delay, with an increased personal penalty (i.e. a yellow card) for repeated offences. If this player is a defender, the defending team defends the particular Penalty Corner with one player fewer. For any offence of this rule by a defending goalkeeper or player with goalkeeping privileges, the defending team defends the penalty corner with one fewer player: ie the corner is defended by one fewer player than before this incident. The defending team nominates which defender will be subject to a personal penalty.