

## PREMIER HOCKEY INDOOR LEAGUE



The aim of this workshop is to be informative, interactive & fun. It is to help the umpires and umpire managers & technical officials learn from different approaches and ideas, bring consistency to their communication and on field decision making, provide basic concepts of how to improve their mental focus, coping strategies and to help them prepare for the 2018 JPH indoor and future experiences.

EVENT details:	JPIL Umpire & Officials Development Workshop UPF and Umpire Evaluation Training
Date:	Sunday 10 December 2017
Location & Facility details:	Friends Central School - *Middle School Building 1101 City Ave Wynnewood, PA 19096 <a href="http://www.friendscentral.org/about/directions">http://www.friendscentral.org/about/directions</a> Campus Map: see Attached and the Middle School building is #6.  We will be in MS Room 10 - when you walk in the door it is on your right Our break out rooms will be MS 11, 12, 18, 19  Parking: is available for free in school grounds. When you pull into the driveway park left and proceed to the top of the driveway and go right down the pathway (past the construction fence) and towards the Middle School.
Time:	8.30am – Registration & please come grab an early tea/ coffee before we start  9am – 3pm – Officials Program  3pm – 5pm - UM Program – Invited UM's/AUM only
Food/Hospitality provided by Mama Scott	Breakfast & Lunch Tea/coffee/refreshments
Program Outline:  What to Bring:	<ul> <li>9am-3pm</li> <li>The Art of Communication</li> <li>JPH expectations &amp; responsibilities</li> <li>Vision Training - how we see/ training our eyes</li> <li>Indoor Interpretations – problem areas/making the right call</li> <li>Mental Toughness – focus/ concentration/coping strategies  +++++++++++++++++++++++++++++++++++</li></ul>
what to bring:	How you prefer to scribe notes – pen/notebook /laptop/ipad, etc. – some handouts will be provided  Your own snacks/fruit / travel mug – if preferred  Your awesome attitude and willingness to share your own unique experiences!